

Free Wrestling Clinic

October 21 & 22, 2024

6-6:45PM Boys 7-7:45 PM Girls @ Lincoln High

Interested In Wrestling?

Lincoln Warriors and Lincoln Girls Wrestling Clubs are offering a free clinic to all wrestlers! This two day clinic is geared toward beginning and younger wrestlers, with the idea of giving them an introduction to wrestling and an opportunity to try it out. We will be going over some wrestling basics and teaching some moves to start your wrestler on their path to success or help refresh what they already know.

No preregistration required, all participants must sign a wavier though. Wavier can be done online or onsite. Clinic will be held in the Lincoln High Wrestling Room. Please Use Door 29, on the South side of the building to enter.

ABOUT THE SPONSORING CLUBS

Lincoln Warriors Wrestling Club

The club is open to all wrestlers, boys and girls, grades PreK-8th no matter what school the wrestler is attending. More information on the club and their sessions can be found on their website lincolnwarriors.com

Lincoln Girls Wrestling

The club is only open to female wrestlers, grades PreK-8th no matter what school the wrestler is attending. More information on the club and their sessions can be found on their website lincolngirlswrestling.com

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Questions: email us at info@lincolnwarriors.com or contact Pete Thew
(402) 440-4875 This event is not sponsored or endorsed by Lincoln
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